

15 Free Things To Do With The Family This Christmas

Gather as many pillows, cushions and blankets as you can to build an indoor den, then cosy up as a family with a good book and a hot chocolate.	Go on a winter scavenger hunt and see how many different animals, plants, and other wintry things you can spot on a walk.	Play eye-spy with the different ornaments and decorations on your Christmas tree.
Go on a Christmas light hunt around our neighbourhood and see how many decorated houses you can spot.	Make Christmas place cards with names on for the Christmas dinner table.	Create edible decorations by threading popcorn onto some string.
Work together as a family to write a story titled "Father Christmas's Holiday Adventures."	Collect winter leaves and foliage to make your own simple wreath or table decorations.	Have a family Christmas movie night.
Create your own quiz of the year featuring some of your family's achievements and memorable events from the year.	Make a family Christmas joke book using Christmas cracker jokes and any other Christmas jokes you know.	Bake some yummy festive treats to enjoy over the Christmas period.
Go stargazing and admire some of the beautiful night skies that can be seen during winter.	Go on a winter woodland walk to collect pinecones and then turn them into Christmas decorations.	Write a special thank you note to someone who has helped your family this year.

Plus, access resources to support your wellbeing on the Welbee Toolkit. Scan the QR code or visit toolkit.welbee.co.uk to register your free account.

